

Cara Wilson - Granat

WORDS FROM CARA

AUTHOR / INSPIRATIONAL SPEAKER / STORYTELLER

Welcome

Every moment we have choices - to be kind, to be cruel, to laugh, to connect, to grow, to have hope, to feel hopeless, to live in fear or in love. The choice is ours. No matter what our personal challenge, we must never give up.

- Cara Wilson-Granat



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Cara Wilson-Granat is a popular speaker who designs her talks around her books each highlighted on her website: www.wordsfromcara.com

- *Love, Otto—Letters From Anne Frank's Father—Speaker of Hope*
- *It Takes A Lot Of Sh*t to Make A Garden Grow (Shoveling Your Way Out of Manuretia To a Sweeter Smelling (and Living) Life)*
- *Nature Teachers—(Simple Lessons of Life Taught By The Most Unlikely Masters)*

A dynamic performer, Cara bring props and support material to reinforce the message behind each book and talk as she addresses a wide variety of organizations, ages, religions, cultures—and customizes talks around special themed events or holidays to include workshops or Q&A sessions for further dialogue between participants. Selected topics include:

- letting Nature Teachers guide us back to ourselves
- letting go of hatred
- finding hope in the midst of hopelessness
- making positive choices
- persevering despite insurmountable challenges
- the power of validation
- using adversity to grow and learn
- we are all one—the power of discovering our distinctions and similarities

The talks are non-denominational, highlighting the need in all of us to find that source of strength, unity, and acceptance in order to rise above negativity as we deal with our individual challenges. Cara speaks to everyone, including:

- Religious, non-profit, and non-denominational organizations
- Students—from middle school age to university level
- Senior groups
- Women's groups
- Charitable groups
- Corporations
- Book clubs
- Nature groups

Professional Speaker Fee:

Please call or e-mail for current rates. A 50% deposit is required to reserve the date with the balance due on the day of the event. Special considerations may be made for non-profit organizations.

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"I express my sincere appreciation to you for helping the Assistance League of Sacramento Authors' Day first event, May 14, 2011, get off the ground running. As the first speaker you had the audience spellbound and you set the tone of caring and empathy for the day. Your strong and beautiful voice and elegant style of speaking was powerful. I really enjoyed getting to know you. Thanks for being such a vital part of the day."

Lynn Ossolinski, Coordinator of Authors • Assistance League of Sacramento • Sacramento.AssistanceLeague.org • 916-488-0828

"Thank you, Cara, for the amazing program you presented at our congregation for Kristallnacht this year. You were inspiring and informative and left everyone with such a sense of hope about our possibilities to make a difference. People are still talking about your visit."

Rabbi Greg Wolfe, Congregation Bet Haverim

"Cara Wilson-Granat is a dynamic speaker. She had us crying and laughing simultaneously-- and ultimately so moved by her message of hope that we all felt inspired long after her talk. I have heard Cara address large groups and small--from intimate luncheons to larger gatherings and she makes you feel like she is speaking directly to each person individually. We need to hear the message of hope and making positive choices and realizing our own power and impact in the world, now more than ever; and Cara helps us do just that. You are in for a great time, believe me."

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"Most people have heard of or read the Diary of Anne Frank. Cara Wilson-Granat actually knew and corresponded with Anne's father, Otto. She has written a book about the life lessons she learned from Otto. I consider it a historical treasure. It is necessary read. She now is taking her stories on the road for all to hear. It is amazing to think that we have someone who is alive and able to share personal details about someone who lived through probably the most horrific period in Modern History. What makes her story important is how Otto handled the personal tragedy and what we can learn as a society from his courage. Cara is determined to keep Otto's and Anne Frank's memories alive. Our society today needs her message more than ever. She passionately talks about truth, the human ability to survive, and forgiveness. It is a fun full hour of personal life lessons, tears and joy. I highly recommend booking Cara for your next available speaking engagement, and guarantee your audience will not be disappointed."

Sincerely,

Jeffrey Paul Gardenhire
Employee Benefits Consultant
CA Lic. 0648142

"Thank you so much for coming to my home last night to listen to Cara speak. Words cannot begin to convey how inspired I was by Cara's speaking. She truly spoke from the heart, and it was wonderful to witness how she touched each one of us with her story. No matter the subject, the message always seems to be the same--regardless how daunting the story or the seemingly insurmountable obstacles, it is in making the repeated "choice" to find love, hope and the connectedness to community that keeps the flame of life and love enduring through time."

Blessings,

Lisa W.- Granite Bay, CA
